## September 2023- Breakfast Menu

Students Must Take $1 / 2$ Cup Of Fruit Plus 2 Other Items Of Their Choice

| Sun | Mon | Tues | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Milk With Every Meal | Menu Subject To Change |  |  |  | 1 <br> Pop Tart Frosted Fudge, Banana, Mixed Fruit Cup | 2 |
| 3 | $\begin{array}{\|cc} 4 & \\ & \underline{\text { No }} \\ & \underline{\text { School }} \end{array}$ | 5 <br> Pancake on the Stick, Syrup, <br> Orange Juice, Pineapple Cup | 6 <br> Cinnamon Toast <br> Cereal Bar, <br> Fresh Pear, <br> Applesauce Cup | 7 <br> French Toast Sticks, Syrup, Banana, Fresh Orange | 8 <br> Cini Mini, (Except PS Mini Bagel), Peach Cup, Apple Slices | 9 |
| 10 | 11 <br> Breakfast Pizza, Mixed Fruit Cup, Fresh Orange | 12 <br> Peanut Butter and Jelly Sandwich, Nectarine, Pineapple Cup | 13 <br> Mini Pancakes, Syrup, Fresh Pear, Mixed Fruit Cup | 14 <br> Honey Nut Cheerios Cereal, Bear Grahams, Apple Slices, Kiwis | 15 <br> Turkey Sausage Sandwich, Orange, Banana | 16 |
| 17 | 18 <br> Mini Waffles, Syrup, Apple Juice, Peach Cup | 19 <br> Cini Mini, (Except PS Mini Bagel), Pineapple Cup, Fruit Punch Juice | 20 <br> Raspberry <br> Yogurt, Banana <br> Muffin, Mixed <br> Fruit Cup, Kiwis | 21 <br> French Toast Sticks, Syrup, Apple Juice, Fresh Pear | 22 <br> Waffle Sausage Sandwich, Mixed Fruit Cup, Applesauce Cup | 23 |
| 24 | 25 <br> Pancake on the Stick, Syrup, Kiwis, Fresh Orange | 26 <br> Raspberry Yogurt, Chocolate Muffin, Apple Slices, Peach Cup | 27 <br> Breakfast Pizza, Pineapple Cup, Orange Juice | 28 <br> Peanut Butter and Jelly Sandwich, Fresh Banana, Mixed Fruit Cup | 29 <br> Mini Pancakes, Syrup, Red Apple, Kiwis | $30$ |

